

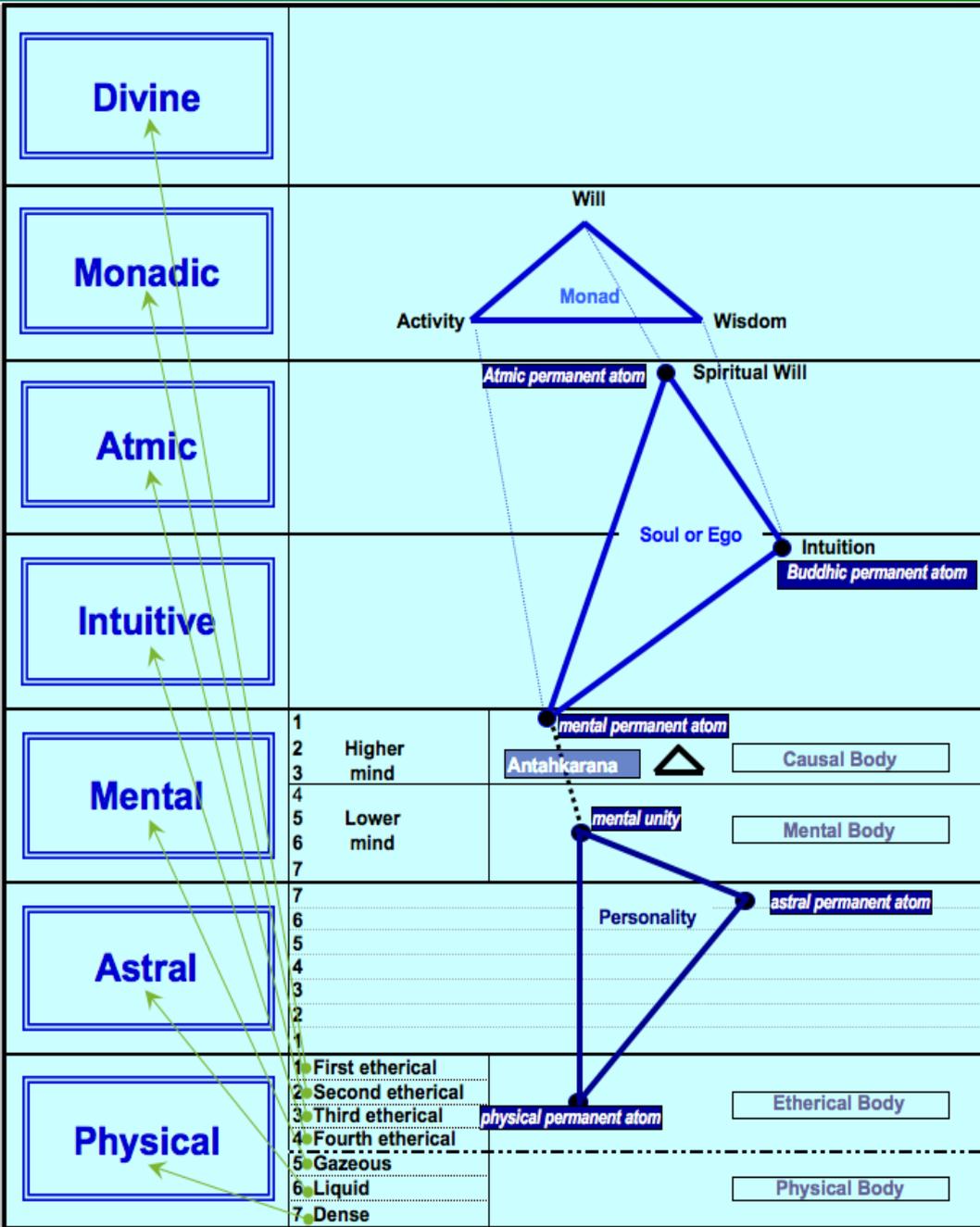
# **PONDER ON THIS**

## **Letting go old patterns**



**The Aquarian Age and the  
developments  
in the growing influence  
of the Seventh Ray**

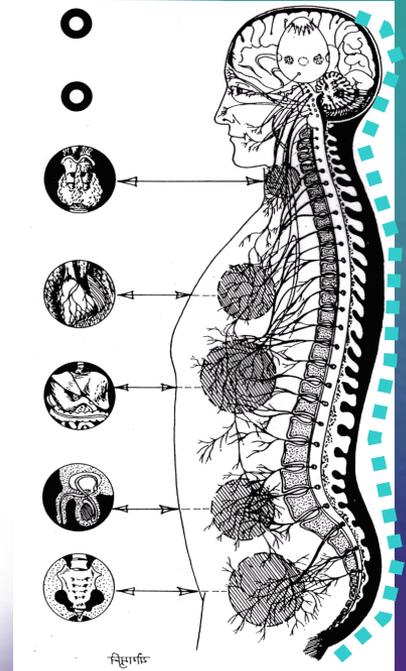
THE COSMIC PHYSICAL PLANE



MONAD  
SPIRITUAL TRIAD  
PERSONALITY

# THE CONSTITUTION OF MAN

- Pineal gland
- Hypophysis
- Thyroid gland
- Thymus gland
- Pancreas
- Gonad
- Adrenal glands



# Accountability

This topic is a brief summary of several books of Alice A. Bailey, supplemented by own research and interpretation through the knowledge from books and experiences in this field.

Elly Lichtenberg

*Extract from a Statement by the Tibetan:*

*“...The books that I have written are sent out with no claim for their acceptance. They may, or may not, be correct, true and useful.*

*It is for you to ascertain their truth by right practice and by the exercise of the intuition. If the teaching conveyed calls forth a response from the illumined mind of the worker in the world, and brings a flashing forth of his intuition, then let that teaching be accepted. But not otherwise.*

*If the statements meet with eventual corroboration, or are deemed true under the test of the Law of Correspondences, then that is well and good. But should this not be so, let not the student accept what is said...”*

# Books and Topics

## *Books:*

New Psychology I  
Discipleship I  
Discipleship II  
White magic

## *Subjects:*

- Three major events
- Cause and effect
- Definition sexuality
- Sex / correlations in marriage / relationships
- Sex in the New Era
- The Law of sex / correlations
- Gender and Discipleship

# The Three Great Events

## *The Three Great Events:*

- The 7th ray in disclosure.
- We go into a new sign of the zodiac: Aquarius
- The reappearance of the Christ (office), or Christ consciousness is imminent.

The three big events are the cause of many of today's upheavals and chaos.

Under the influence of the Aquarius Sign and 7th ray of Law and Order the world reaction will reveal itself on a physical level in the early stages.

In the *last* instance *divine* qualities will manifest itself and change history and civilization.

## *Note:*

Energies are impersonal and dual (positive and negative) in their effects.

Christ Consciousness represents the energy of the 2nd ray of Love - Wisdom.

## Cause and Effect of the 7th Ray

The incoming 7th ray passes through the planetary sacral center and the sacral center of every human being.

*Sexuality* is based on *fundamental first impulses*, one of the strongest *instincts* and consequently a dominant factor from the animal side of human nature. It is a natural and instinctive process, as instinctive and natural as eating and drinking.

Therefore, we can expect *accelerated developments* in this human function which we call the *sexual function*. As a result of this, great changes will occur in human behavior with regard to this very difficult issue.

## Developments through the incoming 7th Ray

*Signs of positive development one can observe by:* tendency to understanding, cooperation, religious unity, internationalism, spirit of universality and merging of groups.

Through this revelation process, both in humanity as everywhere else in nature, we will see a development emerging of the power of thought. This will be achieved through the ability of discernment, by which man learns to choose and will get a clearer understanding of values.

Because the 7th ray passes through the *sacral center* of the *planet*, the sex life of humanity will (generally spoken) temporarily be over-stimulated; hence the present overemphasis on *sexuality*.

Influences on the sensitive bodies of undeveloped and too strong psychologically minded people (also including many children and adolescents) may lead to a morbid tendency to legitimate and illegitimate commitments. In this time it results in epidemic forms.

## Developments at the incoming 7th Ray (2)

*The sexuality is difficult to tackle because the prejudices are held in the collective human mind.*

It has been hidden for a long period by excessive puritanism, especially through the contribution from the religions, both to the west and the east. In general, it was converted to a secret and it was not talked about, making it as a deception and coercion for women and it has developed into unbridled profligacy on the part of the man.

Behind these consequences of centuries of wrong attitude against the sexual function are two main effects of human activity, both mentally and physically:

- The development of human consciousness complexes as psychiatry, psychological apart divisions and barriers, which have seriously undermined the health and tranquility of many people and that is still on the agenda.
- Humanity finds itself on the one hand threatened by overpopulation with economic impact on world peace and on the other hand by strictly implemented infertility, which as a general habit leads to the gradual disappearance of the human race.

## Developments at the incoming 7th Ray (3)

This can lead to a subsequent domination by the animal kingdom. Instead of making progress we may have a period of decline.

Centuries of abuse of the sexual function caused a period of illness, both mental and physical.

Through laxity, debauchery, a lack of control, wrong views and deceptive relationships it will take centuries to convert the impact of this negative forces into the positive effects of it.

*Moreover, through this abuse, countless souls have come too quickly in incarnation and were not ready for it yet.*

## Cosmic understanding of Sex / Relationship

*Cosmic understanding of sex is an indication of the law of proportion.*

Sex is, *cosmically* speaking, an indicator that expresses the *relation* (during revelation) between *spirit and matter*, between *life and form*. Ultimately, it is an expression of the *Law of Attraction* - the basis for the entire manifestation of life (spirit) in the (physical) shape and thus the cause of all visible appearance.

Sex is, in terms of *human and matter*, indicating that relationship between *men and women*, which results in *propagation*.

In the latter sense, sexuality is the term for a habit, which was found previously under non-thoughtful and average people.

Currently, what appears to be more prevalent is an enticing gratification of animal passions among all sections of the population, at any price and without rhythmic schema.

## Sex in the Hermaphrodite Meaning

Homosexuality or Hermaphrodite:

In essence, sex is an expression of *ambiguity*, and of the separation of a unit in *two halves*. This we can call *spirit* and *matter*, *male* and *female*, *positive* and *negative* and they are characterized by a developmental period on the evolutionary ladder of consciousness to a final unit, the "gay sexuality" (hermaphrodite); not to be confused with the contemporary bastardization of homosexuality.

The latter is seen in this time as a mental and modern concept.

*Esoteric* concept for *gay sexuality*: the two sexes combined (male and female), physiologically and mentally / spiritually is self-satisfying himself (spiritually), self-sustaining and self-propagating.

The hermaphrodite, the true androgynous man, has become a perfect man. This would be true, if one accepts the hypothesis of the etheric (energy) body. The triple thread along the spine has then become *one* wire.

# Reviving the rhythm of Old and Ancient Practices

The revival of old practices from the *Lemurian* and the *Lemurian / Atlantean period*:

Gay sexuality or Hermafrodite does not refer to twin souls or any other distortion of reality (for example, bisexuality, homosexuality, pedophilia, etc.).

These distorted ideas are applied to a mental / astral type that often ends in physical practices and reactions.

*An old rhythm and ancient practices* from the *Lemurian / Atlantean period* are picked up again. It features a point of decline.

These distortions are found (in all areas) where a civilization is crumbling and an old system is changing to a new one.

Homosexuality, in general, focuses mainly on the *sexual attraction* to the own sex and therefore it is *no conjunction* with the opposite sex.

# Unification and Marriage

## *Unification and marriage*

In the conception of some esoteric schools a wrong idea has developed that a perfect union requires a marriage and that this is necessary for the spiritual liberation. Where this has not taken place, the soul will remain in captivity.

They teach that through the conjugal act a union with the soul is established and that there is no spiritual salvation possible outside of the marriage, but....

***Union with the soul is an individual inner experience that leads to expansion of consciousness.***

It is true that when it comes to a *real marriage*, husband and wife are experiencing both the unification. In such a marriage, the nature of the child will be the same as their parents.

Where parents are purely physical and emotional, the nature of the child will be the same.

*Note:* The nature of the person means: the point in the evolutionary process.

# The Constitution of Man

*The soul in incarnation uses a personality.*

It consists of a physical (the physical is being enclosed by the etheric body as a wetsuit), an astral (emotional) and a mental body. Together they form the personality with the three bodies as a conductor for the soul.

The soul / personality / physically / astral / mental are determined by different energies (there are seven fundamental energies).

The soul on its own plane is perfect and is getting aware of itself through the senses of the personality. The *soul* is permanently present in incarnation (the personality could or could not be conscious of this) and uses it for that life to establish a *new personality* with the three bodies on earth.

For that reason, man will be *gradually conscious* from its source. This stays *unknown* for a quite long time to the personality. Characteristic of the influence of the soul is the expanding responsibility and service, until the soul/source becomes aware of itself.

# Responsibility

From the esoteric point of view the sense of *responsibility* is the first and foremost emerging characteristic of the *soul*.

Taking responsibility will increase in every following stage of evolution in consciousness. This is due to the increasing influence of the soul on the personality.

It starts with taking responsibility for your own life. The responsibilities extend gradually out to family, group, neighborhood, city, country, and world.

Finally, one takes responsibility for the spiritual values of humanity that expresses itself by bringing out those values *as service to the world*.

# The 7th Ray Effect

The 7th ray and glamours (delusions) that relate to these topics:

*magical work; subterranean forces; physical body; the mysterious and secret; sexual magic.*

One could say that everything that was hidden under the influence of the 6th ray in the Piscean Age, now under the influence of the 1st ray (Pluto) and 7th ray it becomes visible to the world.

The 7th ray expresses itself in the *etheric body* by means of the *chakras* and therefore, *sexuality*, a largely *imitative behavior*, shall spread like an epidemic.

That means that one does not need to have those feelings about one's own sex, but can be determined by sensitivity to others and his point of evolution.

The attention is still completely or partly focused on the areas *under the diaphragm*, and thus on the lower chakras. The point of *transfer* to the areas *above the diaphragm* is from the *solar plexus* to the *heart chakra*, through which the soul has more influence and the *sacral center* (sex chakra) has already been transferred to the *throat chakra* as a creative instrument (see diagram).

## The 7th Ray Effect (2)

The increase of light through the *rapprochement* between the Hierarchy and humanity contributes to the fact that the web that separates the astral plane from the physical plane is becoming thinner and more transparent.

This has two sides: people are increasingly *sensitive* to the *light* of the *soul* (above the diaphragm). The other side is that the lower parts of the astral plane with its entities/peels also have more influence on those who are focused on the *lower chakras* (below the diaphragm).

Internet, TV, radio, movies, fashion, books, streetscape, etc. contribute to the negative influence because of the extreme attention for it. Such focus on the physical area leads to (parrot behaviour) copying and the development of more extremities (see violent and sexual crime, pornography, child abuse, etc.). This influence is very harmful and has an almost unstoppable impact on mankind (anything is possible and should be experienced!).

This development occurs when the soul is not involved. Highly developed intellect does not guarantee the influence of the soul. If the soul is involved, then the *conscience* and therefore *control* of the lower chakras would already play a role.

# What is a True Marriage?

Evolution of consciousness means that there is a *progressive development of consciousness* in the territories and regions of the Physical Cosmic area (see diagram). Each area of which one has become conscious of leads to extension of consciousness or initiation in that area.

*Objective of a true marriage:*

a full consciousness on the physical, emotional and mental area leads to coordination or fusion so the soul can work unimpeded and it will give the solution and recovery from a true marriage.

As was written around 1940 (AAB books) we rarely saw the unification of two people whereby the coordinated, cooperative *fusion* of all three parts of the personality and the soul were involved.

## New Perspective in the Age of Aquarius

*Changes* will increase through the influence of the 7th ray in the Age of Aquarius and thus in relationships and marriages that are based on *soul choice*.

Throughout the ages there are always small groups of more advanced souls (singletons) incarnated in countries around the world but they still formed one soul group.

E.g. Painters, composers, scientists, etc., which, during a specific era, contributed through their reflected work an innovation and beauty to help guide humanity one step further on the road.

From 1966 a first wave of more *advanced souls* incarnated and are the parents (with the condition of coordinated bodies) of the next generation.

From 1995, we see a second larger baby boom of more advanced souls (also called New Age Children) arise. These children, because of their wider consciousness, are making choices based on the soul in their work as well as in their relationships. The next slide shows the developments as they often occur in relationships.

# Causes of Conflict

*The beginning of relationships between two people are often determined by the erotic attraction, emotional infatuation and physical appearances. Emotional love is often experienced as the certainty and conviction of the Great Love.*

Problems will arise in the course of time as the physical, emotional, or mental attraction disappears and then conflicts can occur that may result in separations/divorces.

In general, there are other reasons why relationships / marriages but also groups have proven ineffective because there are many causes of which one is not yet aware.

# Interaction and Conflict

*In any relationship (marriage or group) we are dealing with:*

*A physical body* which is focused on the form side. Where concepts such as *eating, drinking, sex, and enjoyment* predominate. Modern media offer everything to promote it.

*An emotional body* focuses on *feelings and desires* such as love, anger, jealousy, resentment, hatred. Women usually like to talk about feelings. Attributes such as the persuasion of own right in respect of feelings or a merging with others belong to this body.

*A mental body* focuses on *thinking*; if it is intellectually developed, one sees everything in the proof of *facts*. Men often do *not* want to talk about their feelings.

*A soul body* focuses on *service*, knowing the mission of the soul. Intuition: to be aware of and working with information from the higher plane. This always serves humanity.

This is a *progressive* development of the soul influence which ultimately leads to the stage, as described above; it is only possible if all bodies are controlled.

Interaction between the different bodies of the personalities raises conflict.

# Success or Failure of Relationships

The success or failure of relationships that may or may not come to a break has to do, inter alia, with:

Differences in points of evolution (consciousness at different levels-physical / astral / mental / soul)

*Opposing forces / energies 1-3-5-7- the male line and the female line 2-4-6-. The three bodies and the soul are governed by these forces / energies and serve as a *learning process* in that life. See diagram "7 Rays and Glamours".*

It also can be determined by old karmic ties that were not elaborated in previous lives. One is confronted with it again

- to work this out and to be able to get along together;
- not solve them (status quo) and to stay in conflict;
- to solve them and each goes his / her own way (without rancour).

A final solution features a separation (after a fight) and ends *peacefully so that one can go his/her own way*. It is even possible to stay friends. This is more often the case in young people's lives.

# Fear of Change

In marriages *sexuality* also plays a major role. In divorces where one or both of the parties are run down in rancour and hatred, children bear the brunt; it is the cause of the glammers (such as resentment / hatred / jealousy / power / manipulation), which are already *old* (at incarnation). The reason for divorce is not the other person but the own problem. This can apply to both parties but not necessarily.

The struggle in a long term relationship, in which none of the parties dares to stop or end it, is possibly determined by a wrong view of:

Obligation, responsibility; it usually involves the transfer of image formation regarding, religion, marriage and / or children, guilt, shame, fear for their own independent life, but also power (money): the man earns the money, the woman is at home and is therefore dependent.

After a period of time, difficulties can occur in relationships if only one partner experiences a rise in consciousness and the other not. This can lead to a break and be considered by the other(s) as a rejection because it involves *change* and the other party wants to *attach* to the *known / familiar*.

# Letting Go of Old Patterns

Among women one finds more and more the will to change (growth in consciousness). Through the centuries, women have had a neglected role, but they can evolve themselves in this time.

*Note:* From the concept of reincarnation every soul is going through many lifetimes with varied experiences as a man or as a woman.

So the woman of today may have been a man in a previous life (acquired more masculine vigor) to convert the decisiveness in this life in the female role. From this perspective it can be said: *no one is to blame.*

At some point in the evolutionary process (within the development of the intuition), the soul's activity incites the quest - *who am I, why am I on this earth* etc. For the environment one changes but the other one(s) do(es) not change or cannot make a change yet (depending on the point of evolution).

In the role of the man the above mentioned can also play a part but the reason is more often another relationship (the quest).

In both cases, the reason for parting or releasing old patterns / conditions comes through the development of consciousness and that brings change of formation in life, although the motivation in the first place may be different.

# The conflict between Soul and Personality

*In this phase there is a conflict between what we have learned and the new development in our consciousness.*

The influence of old karmic ties and the collective thoughts / feelings from the subconscious affect ongoing daily thinking and acting.

*The increasing influence of the soul* implies the will to change and the conflict between the conscience of the soul and the personal interests and situations.

*This raises the questions:* What is my duty, to whom and to what do I have an obligation?

Inherent in these essential questions are old (rightly or wrongly) ingrained feelings of guilt and responsibility.

# The Assignment of the Hierarchy

*The goal that the Hierarchy currently is working on, is to break and dissipate the world illusion. This should happen as in the life of every disciple, but on a global scale.*

The focal point of consciousness is transferred to the mental plane and there one learns to shatter the delusional notion that held one up to that point on the astral plane.

*Mankind* is at a *crossroad* and human consciousness is focused on a rapid pace on the mental plane. The world illusion must be eliminated.

Mankind is in the middle of the desert experience. See lecture on the website: "From Bethlehem to Calvary."

*How can we imagine glamour?*  
See next slide.

# Glamour, a World Problem

*Glamour is a world problem and its characteristic is that one is not aware that this is a glamour or delusion.*

They are the generally accepted ideas, habits, religious and social assumptions that we have been traditionally familiar with.

When at a *certain* stage of the *process of awareness* the soul influence is increasing and the mental power is stable, it is then possible to consciously learn to recognize the glammers, to recognize them and convert them. It is our source / soul who can give the right answer to the questions of life.

## Some Glamours

### *Glamour about human destiny:*

One thinks he must play an important role and must speak and act as preordained. This leads to pride and that is not based on reality.

### *Glamour of aspiration:*

One is perfectly happy to be a candidate and full of the pursuit of (*personal*) light. But one has to move on to discipleship (*service*). *Complacency* about the acquired spiritual ambitions must be abandoned.

### *Glamour of self-assurance:*

This could be called the astral principle of the disciple: the belief that the disciple's viewpoint is *absolutely correct*. This feeds *pride* in itself and one considers to be an authority and having an infallible view (background of a theologian).

### *Glamour of devotion:*

Leads to *excessive stimulation* of the astral body. One sees only an idea, a person, an authority and an aspect of *truth*. This feeds *fanaticism* and *spiritual pride*.

## Glamours (2)

### *Glamour of Duty and Responsibility:*

This leads to *exaggeration of responsibility*, which entails loss of energy and puts too much emphasis on the *non-essential*.

A conscious disciple first responsibility is group work (soul), and secondly personal events (the large includes the small).

### *Glamour as a result of the influence of the surroundings:*

Often leads to a feeling of *opposition, uselessness or importance*.

### *Glamour of the mind:*

As one would be able and competent to think out all the problems of any kind. This leads to isolation (*separation*) and *loneliness*.

### *Glamour of desire:*

Desire with its effect on the *physical* body. This leads to a constant struggle and *confusion*. It makes peace and fruitful work impossible.

# Duty

What is *the criterion for proper action* when one is faced with a choice?

As one progresses, one is faced with increasingly subtle distinctions.

Through a careful *process of elimination* one arrives at some point to make *a choice* which appears neither as common sense nor logical, distinctive reasoning. One wants to do the right thing, to act accordingly to the highest standard which offers the best for the group (of whatever kind) and *apart from personal considerations*.

*But the path is not yet illuminated; consequence: indecision.*

## Duty - Two Ways

*There are two ways:*

In the first case: to follow the line of conduct which seems to be *the best* or the *wisest* for him / her. One believes in the function of *the Law of karma*. This means that one can continue on the basis of decisions made and therefore one accepts the results without feelings or remorse. In this case, *errors are possible* but because of this one is *enriched* or...

In the *second* case: One waits, while relying on an *inner sense of leadership* and trust *in due course* to achieve security, because all the doors will close except for one and that is the way one has to go.

*In order to recognize it one's **intuition** is required.* This excludes errors and one can only come to the right course of action.

# Discernment

It is important to understand where one stands on the evolutionary ladder. Only advanced people can make a *distinction* between *psychological tendencies or astral so-called certainties and intuition*.

Let the man who ponders on making a choice between these two paths, use common sense and follow the course of action that the concrete mind prescribes and certainly not the higher method of waiting until a door opens.

A hint: **intuition** always focuses on teamwork and the information is unknown to mankind; so it is **not** a personal information.

Example of an **intuitive** impression: the Theory of Relativity from Albert Einstein. An unknown phenomenon that was given in service of humanity and Einstein brought it to the world.

If you are working as soul then you will not evade *responsibility*, but work to fulfil teamwork. The path will reveal itself while you do what is obvious and fulfil direct obligations of the group work. From this will the larger duties come which we call *world work*.

## What is the criterion?

A good use of the *lower mind*, applying a *flawless common sense* and *the forgetfulness of selfish comfort and personal ambition*. This leads to the true *meaning of duty*.

A disciple will automatically and necessarily do what is mentioned above by using the intuition which will reveal to him the moment when he can take greater responsibility and is able to bear it with those for a smaller group (e.g. family / friends). This is a fact to think about.

*Intuition* does *not* reveal how ambition can be fed, nor how the desire for *selfish advancement* can be satisfied.